

AAFE SLEEP

A Collaboration of the AAFE and STATDDS

Step by Step Guide to Dental Sleep Apnea

Medical Insurance

Dentist screens patient with StatDDS Home Sleep Monitor for Bruxism and patient shows AHI over 5.



Dentist sends test to StatDDS Sleep Physician and receives a Board-Certified Sleep MD Report and Bruxism Report.



Dentist sends reports and prescription form to patient's physician who has had a face to face with patient.



Treating physician makes the diagnosis and writes a prescription for oral appliance.



Oral appliance provided and billed for by the dentist.

Medicare

Dentist Screens patient with StatDDS Home Sleep Monitor for Bruxism. If AHI is over 5 refers to primary care physician.

*Scoring criteria differs slightly for CMS patients



Patient has a face to face visit with treating physician to assess for OSA. Physician orders another sleep test.



Patient takes sleep test conducted by an entity that qualifies as a Medicare provider of sleep tests.



Treating physician writes a prescription for an oral appliance. (This must be done within 6 months of the face to face visit.)



Oral appliance provided and billed for by the dentist.